



**BE THE BREEZE, NOT THE HURRICANE:  
7 QUOTES ABOUT GENTLENESS**

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**This week in chapel we're thinking about the apostle Paul's list of 'fruits of the spirit' – characteristics that Christians are to grow in... and characteristics that we can all learn from and think about.**

**The seventh one is 'gentleness'. This quote reminds us that there are different ways of achieving our goals in life. Some people approach things like a hurricane; they sweep in with a frenzy of activity and manic strength. Sometimes it can be more productive to be like a gentle breeze.**

**Prayer**

**Lord, we thank you for the example of Jesus' gentleness. Help us to be gentle with one another; knowing that in this way lies great strength.**

**Amen**

**“Sometimes  
its not  
the strength  
but gentleness  
that cracks  
the hardest  
shells.”**

Richard Paul Evans

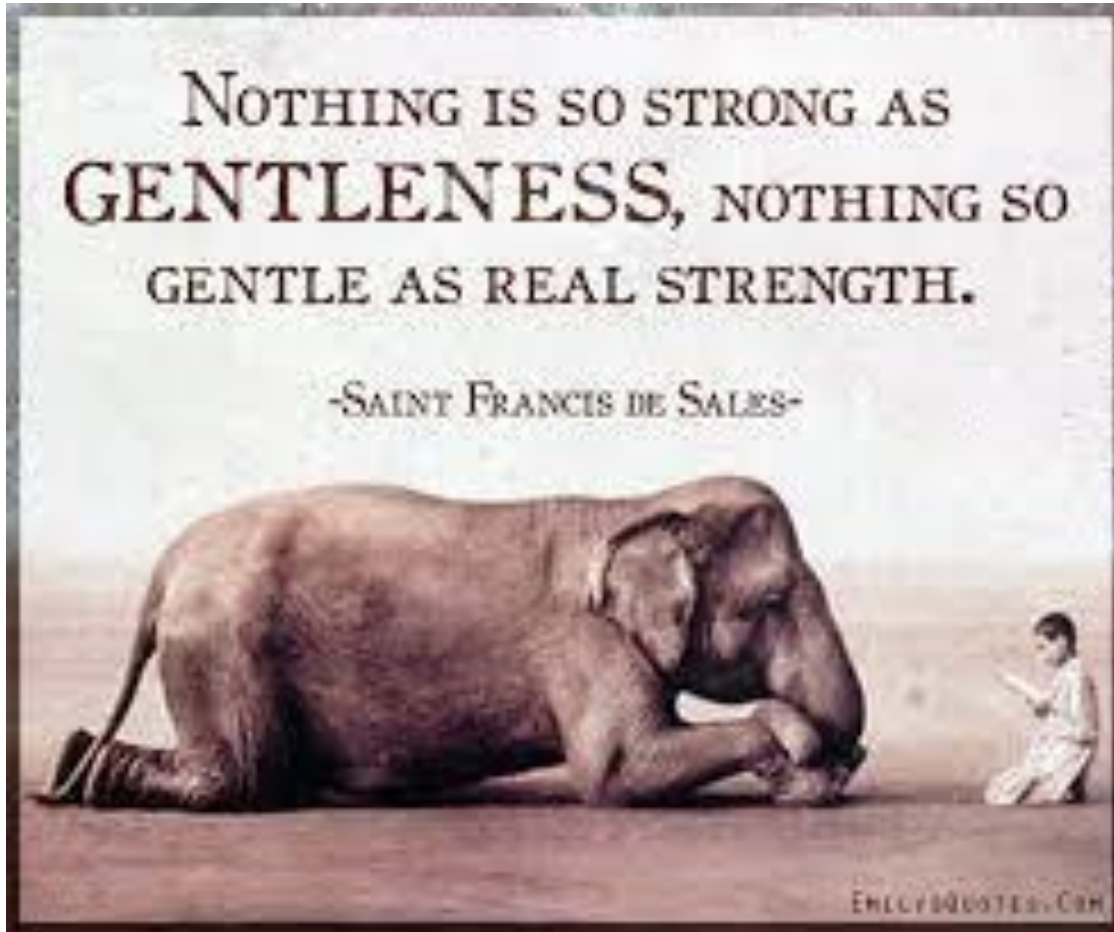
This week in chapel we’re thinking about the apostle Paul’s list of ‘fruits of the spirit’ – characteristics that Christians are to grow in... and characteristics that we can all learn from and think about.

The seventh one is ‘gentleness’. This quote reminds us that there are different ways of achieving our goals in life. Some people approach things with a show of strength; actually gentleness is sometimes more effective.

**Prayer**

**Lord, we thank you for the example of Jesus’ gentleness. Help us to be gentle with one another; knowing that in this way lies great strength.**

**Amen**



This week in chapel we're thinking about the apostle Paul's list of 'fruits of the spirit' – characteristics that Christians are to grow in... and characteristics that we can all learn from and think about.

The seventh one is 'gentleness'. This quote reminds us that to be gentle is not to be weak and pathetic; in actual fact it is a show of great strength.

#### Prayer

Lord, we thank you for the example of Jesus' gentleness. Help us to be gentle with one another; knowing that in this way lies great strength.

Amen