



Try to find exemplar answers to questions that you might get asked, e.g. 9 mark questions in geography or essay writing in English, and pick apart how it was put together and use it to plan your own.

How does it work?

Turning abstract ideas, such as saltation, into real world examples. Saltation is the transport of rocks and sediment in a river or coastal system where they bounce along the bed and/or banks.

What is it?

3
Concrete Examples

2 Questioning and Elaboration

What is it?

Once you have learnt the information using retrieval practice, you should ask questions of what you have learned and try to find connections between ideas and concepts.

How does it work?

Once you've had a few turns at retrieval and can remember the content, why not have a go at asking yourself some questions about it.

For example, instead of just knowing when the Cuban Missile Crisis was you could ask yourself what the long and short term causes of the crisis were..

Why not try this in pairs or a small group to increase the number of questions you can ask of one another.



Avoid a revision strategy that involves cramming all revision at the last minute.

Instead plan a revision timetable with small 30 minute chunks of revision for three or four subjects per night (with breaks in between) over the course of the week.

This means that you might have two hours of maths revision during the week, but instead of being in one go and forgetting most of it it is spread out in smaller, more memorable chunks.

M T W T M
S S F T W
S S F T W

How does it work?

Instead of doing one big chunk revision of a topic (cramming) it should be spread out in smaller chunks over a period of time. This way you will remember more of the content and will be less stressed.

What is it?

4
Spaced Practice

1 Retrieval Practice

What is it?

Retrieval practice means trying to learn the content you have been taught rather than simply re-reading it or highlighting it and hoping for the best, which doesn't work!

How does it work?

Make a list of all the information you need to know from each topic in a particular subject, e.g. solutions to desertification on the fringes of a hot desert for geography.

Close your book or revision guide and make a quiz using flashcards or an app, such as Cram..

Try to recall (retrieve) everything you remember.

Go back and check what you remember against your answers.

Repeat, several times, but space the repeats out.



Instead of revising Romeo and Juliet continuously for a week split the topics up over the week, for example Romeo and Juliet on a Monday and Wednesday and A Christmas Carol on a Tuesday and Sunday.

M T W T M
R & J Rivers CC R & J
Rivers Waves Hazards
Rivers Waves Forces

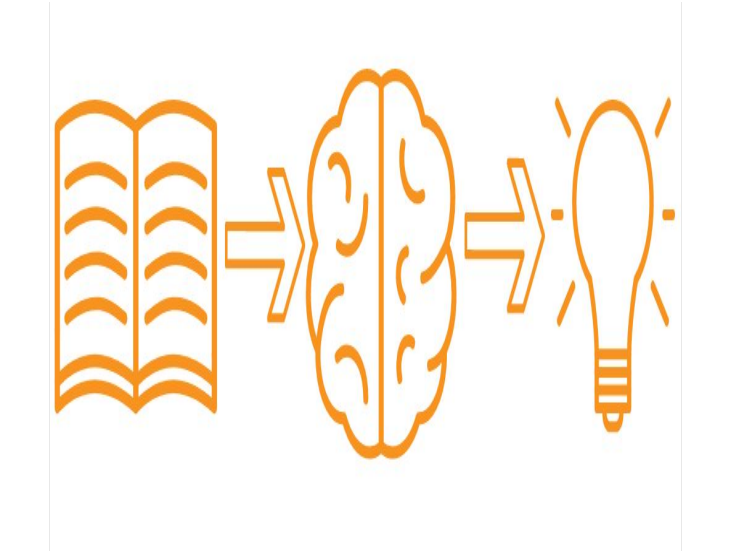
How does it work?

Interleaving is when you mix up what you are studying. It probably makes sense on some level to study one topic to completion and then move on to the next, but it's actually better for your memory and recall to split up topics and study bits at a time.

What is it?

5
Interleaving

How to Revise



6 strategies to improve revision and reduce stress

When reading your revision guide, think of visuals, such as drawings or diagrams that match the information and draw it.

Certain types of visuals work very well with certain types of materials. A timeline may work well for remembering information from a historical period, e.g. The Cold War, and a diagram may work very well with biology or geography.

Once you've done it. Try retrieving the dual coded work.

Corrosion
Chemical erosion by acidic water reacting with an alkali rock, e.g. Limestone

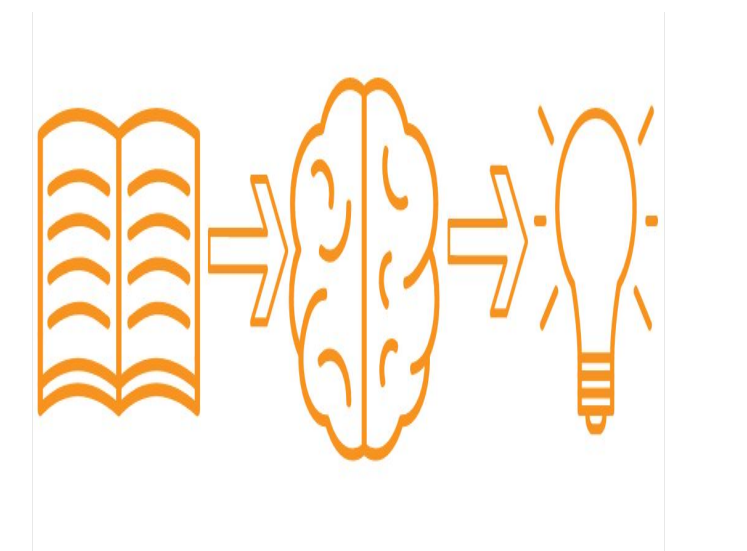
How does it work?

The process of combining verbal materials, e.g. teacher explanation that are then written down, with visual materials, such as a drawing or diagram. Combining these visuals with words is an effective way to study.

What is it?

6
Dual Coding

How to Revise



6 strategies to improve revision and reduce stress

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BACK
Cover

FRONT

Cover

Inside
front

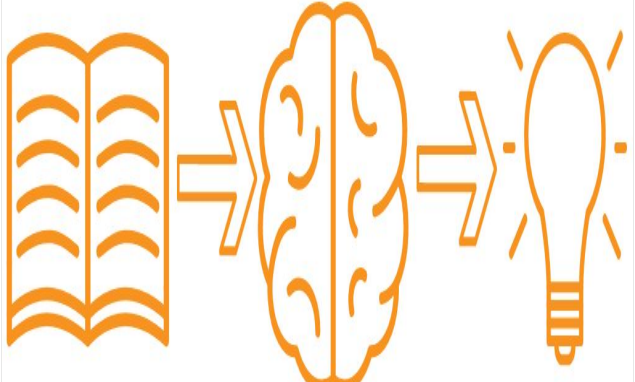
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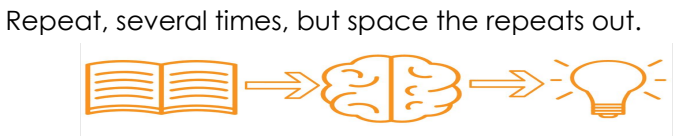
Revision Apps

- | | | | |
|---------------|--|------------------|--|
| 1. Keep | | 5. Spark Post | |
| 2. Quizlet | | 6. Popplet Lite | |
| 3. Padlet | | 7. Gojimo | |
| 4. Quizlet | | 8. Texting Story | |
| 5. Spark Post | | 9. Classic | |
| 6. Clips | | 10. Paper | |

6 strategies to improve revision and reduce stress



How to Revise



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Go back and check what you remember against your answers.

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What is it?

2 Questioning and Elaboration

What is it?

Turning abstract ideas, such as saltation, into real world examples. Saltation is the transport of rocks and sediment in a river or coastal system where they bounce along the bed and/or banks.

How does it work?

Try and find examples of abstract concepts that you study in different subjects and turn them into concrete examples.

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What is it?

4 Spaced Practice

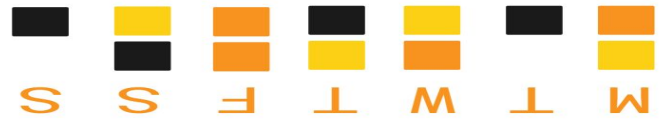
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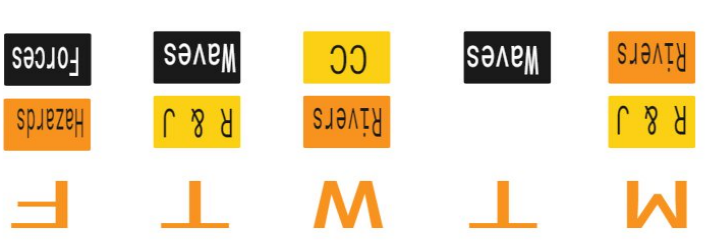
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