



Autism Post Diagnostic Learning Programme

(Parent/Carer Face-to-face and Online Course)

Booking Information

Dear Parents and Carers,

We are pleased to offer you the opportunity to attend our **Autism Post Diagnostic Learning Programme** for parents and carers, whose child/young person has received a diagnosis of autism (ASD). This unique learning programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people. It will provide learning, guidance and strategies for how to support your own child/young person.

Please find overleaf the dates, times and booking details for our forthcoming face-to-face courses (four weekly sessions) and our online courses (six weekly sessions) which we will be running over the next six months, as commissioned by NHS Liverpool Clinical Commissioning Group (CCG), NHS South Sefton CCG and NHS Southport and Formby CCG.

Topics we will be covering during the sessions	
Understanding autism	Communication skills
Discussing a diagnosis of autism	Promoting self-esteem
Autism and girls	Talking about health
Sensory processing differences	Building positive relationships
Unique thought processes and special interests	Educational settings: working together
Stress and anxiety	Managing transitions
Understanding and supporting behaviour	Independence skills

From the courses listed overleaf, please select the appropriate parent/carer course specific to the age of your child:

3-8 years or **9-13 years** or **14 years and over**

ADDvanced Solutions Community Network CIC

E: learning@advancedsolutions.co.uk

T: 0151 486 1788

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IF YOUR CHILD IS 3-8 YEARS OF AGE			
Dates	Time	Location	Booking details
Monday 15 th November 2021 Monday 22 nd November 2021 Monday 29 th November 2021 Monday 6 th December 2021	9:30am to 2:30pm	Face-to-face SEFTON (Bootle, L20) (venue tbc)	Booking code: SEF1 Telephone our office on 0151 486 1788 or Email: learning@advancedsolutions.co.uk
Monday 17 th January 2022 Monday 24 th January 2022 Monday 31 st January 2022 Monday 7 th February 2022	9:30am to 2:30pm	Face-to-face LIVERPOOL (L4) (venue tbc)	Booking code: LIV2 Telephone our office on 0151 486 1788 or Email: learning@advancedsolutions.co.uk
Tuesday 1 st March 2022 Tuesday 8 th March 2022 Tuesday 15 th March 2022 Tuesday 22 nd March 2022 Tuesday 29 th March 2022 Tuesday 5 th April 2022	9:30am to 12 noon	ONLINE (morning course)	Click the Zoom link directly below to register
			Zoom link: https://us06web.zoom.us/webinar/register/WN_-mCLtsyIReuilbg8oOQeA

IF YOUR CHILD/YOUNG PERSON IS 9-13 YEARS OF AGE			
Dates	Time	Location	Booking details
Wednesday 17 th November 2021 Wednesday 24 th November 2021 Wednesday 1 st December 2021 Wednesday 8 th December 2021	9:30am to 2:30pm	Face-to-face LIVERPOOL (Speke, L24) (venue tbc)	Booking code: LIV1 Telephone the office on 0151 486 1788 or Email: learning@advancedsolutions.co.uk
Monday 10 th January 2022 Monday 17 th January 2022 Monday 24 th January 2022 Monday 31 st January 2022 Monday 7 th February 2022 Monday 14 th February 2022	6:00pm to 8:30pm	ONLINE (evening course)	Click the Zoom link directly below to register
			Zoom link: https://us06web.zoom.us/webinar/register/WN_xTtnM6hcRuetqGvOjtj_Dw
Monday 7 th March 2022 Monday 14 th March 2022 Monday 21 st March 2022 Monday 28 th March 2022	9:30am to 2:30pm	Face-to-face SEFTON (venue tbc)	Booking code: SEF3 Telephone the office on 0151 486 1788 or Email: learning@advancedsolutions.co.uk

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IF YOUR YOUNG PERSON IS <u>14-19 YEARS OF AGE</u>			
Dates	Time	Location	Booking details
Tuesday 9 th November 2021 Tuesday 16 th November 2021 Tuesday 23 rd November 2021 Tuesday 30 th November 2021 Tuesday 7 th December 2021 Tuesday 14 th December 2021	9:30am to 12 noon	ONLINE (morning course)	Click the Zoom link directly below to register Zoom: https://us06web.zoom.us/webinar/register/WN_iH2tA8ROQIGAdvACLw2V-A
Wednesday 19 th January 2022 Wednesday 26 th January 2022 Wednesday 2 nd February 2022 Wednesday 9 th February 2022	9:30am to 2:30pm	Face-to-face SEFTON (venue tbc)	Booking code: SEF2 Telephone our office on 0151 486 1788 or Email: learning@advancedsolutions.co.uk
Wednesday 9 th March 2022 Wednesday 16 th March 2022 Wednesday 23 rd March 2022 Wednesday 30 th March 2022	9:30am to 2:30pm	Face-to-face LIVERPOOL (venue tbc)	Booking code: LIV3 Telephone our office on 0151 486 1788 or Email: learning@advancedsolutions.co.uk

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FACE-TO-FACE COURSES Liverpool and Sefton venues 4 weekly sessions	Telephone our office on 0151 486 1788 or Email: learning@advancedsolutions.co.uk stating the Booking Code and Age Group (3-8yrs or 9-13yrs or 14-19yrs) for the face-to-face course you wish to attend.
ONLINE COURSES 6 weekly sessions	Please click the relevant Zoom registration link for the online course you wish to join and complete the online registration form. You only need to register once to access all 6 sessions.

We look forward to welcoming you onto one of our Autism Post Diagnostic Learning Programmes and supporting you and your family.

Yours sincerely,

Suzanne Roberts
Learning Delivery Lead
ADDvanced Solutions Community Network CIC

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