

Puberty - Workshop

Dates: Wednesday 21st May 2025

Time - 10.00am – 2.30pm

Venue - Huntscross Children Centre, Kingsthorpe Road, L25 0PJ

Provider - Liverpool ASD Training team

Contact - asdtrainingteam@liverpool.gov.uk

Cost - free

Target audience - Parents/Carer whose children are of puberty age, years 5,6 and 7.

- Who have attended a course to understand social communication/social behaviour or an ASD course. **This is not an Autism training workshop - if you would like to attend such a workshop, please contact the team to book onto)**
- Who wish to gain a better understanding on how puberty may impact on their child.

Aims: After attending this training session you will have:

- A better understanding of how ASD / puberty may affect your child.
- Building you child's Resilience and helping them understand the changes that are happening to them physically and emotionally.
- Apply a range of strategies to help support your child's understanding and how they can manage the changes to themselves emotionally and physically.
- To book a place please see use the email above