



Liverpool College

Person Specification: LC Sports – Fitness and Well-Being Advisor

Characteristics	Essential	Desirable	Evidence
EXPERIENCE	<ul style="list-style-type: none"> • Experience of working effectively in a customer focussed environment, preferably a gym or other health related environment. • Experience of working with members of the public. • Qualified first aider. 	<ul style="list-style-type: none"> • Experience of planning, designing and implementing fitness programmes, both individual and group 	A, I
QUALIFICATIONS & TRAINING	<ul style="list-style-type: none"> • GCSE Grade C (or equivalent) in English & Maths • Level 3 Fitness Instruction/Personal trainer or equivalent • Relevant class qualifications 	<ul style="list-style-type: none"> • Evidence of further Personal Professional Development • Health and safety qualification 	A
APTITUDES & ABILITIES	<ul style="list-style-type: none"> • Excellent interpersonal and communication skills • Excellent IT skills • Good time management • Excellent organisational & administrative skills • Enthusiastic & self-motivated Great motivator Ability to use one's own initiative • Work well within a team and independently 		A, I, R
DISPOSITION ATTITUDE/MOTIVATION	<ul style="list-style-type: none"> • Patient • Diplomatic • Reliable and trustworthy • Conscientious • Flexible 		A, R, I

A-Application

I-Interview

R-Reference